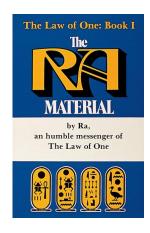


What does it mean - We Are One?

For those who have not been exposed to the **Law of One**; when looking at or reviewing the Law of One materials, the key theme of this major channelled work is that "**We Are One**" - any concept of distinction is an illusion (stemming from our participation in a Duality illusion, a veil of forgetting & our sense of uniqueness, that leads to Egoism or belief in a "Separate Self").



It is suggested that this Oneness is at the core of our fundamental nature, and just like any other model without objective proof, it relies on belief or put simply - *faith*. In fact, any attempt to "convince" another that they are ONE with all others, would be a potential violation of that One's Free Will or Freedom of Choice, hence no such corroboration is provided. Indeed great lengths are gone to by this emerged element of the greater Collective conciousness (identified to us as RA), to avoid any violation of Free Will.

This leaves us with an absolute model defining our existence (As ONE being) without any way of objectively experiencing this.

In this incarnation, I understand a key aspect of my mission is to empower other-Selves with techniques and tools for empowerment, self-growth & to be prepared for the end of this Major Cycle, in this instance to share tools/approaches that provide the possibility through subjective personal experience, to open a window to the personal aspect of Oneness. In this way, the Law of One materials have provided an answer to the question of **WHAT** we are, and even a suggestion as to **WHY** we are, yet no way of reaching a **HOW** we exist.

This point is absent from all RA channellings and I believe this was avoided on purpose. The work or effort to find the full answer/solution - leading to understanding, breakthrough & growth instils a stronger foundation of understanding.



Hence, only a part of the puzzle can be provided by these sources who are polarised to a "Service To Others/All" orientation; as to provide an entire or complete Question/Answer/Solution would be to deprive the Other-Self from the opportunity through effort to find the complete answer.

Any attempt at telling others the full story (whether it is objectively true or not), amounts to One assuming a position of Control/Dominance and taking away from other-Selves the work of putting together the story elements, doing the effort & thereby experiencing the subjective experiences that reinforce the validity of this Learn/Teaching - leading to Knowing (Subjectively) without the need for evidence.

And so it is in another piece of channelled work (**The Starseed Transmissions**, by Ken Carey), that I stumble upon a hint as to the **HOW** we exist. How do we experience individually and collectively ONEness? This is hinted at in the Starseed Transmissions, where it describes an energetic Oscillation that we do Energetically between our Individual/Conscious awareness of the Here/Now (within this 3D illusion) and our actual state of Oneness with the Infinite Creator (connection to "Intelligent Infinity" via its derived potential as "Intelligent Energy"). The level of Intelligent Energy steps down in potential to a level that we can subjectively feel it, link to it & experience it as **Love/Light** or Source, which is LIFE).

We as fractals of the Infinite Creator, oscillate between these 2 states (Subjective Reality which can be thought of as 'Shadow' & Infinite Energetic reality as Source "Light") untold millions/billions/trillions/infinite cycles per "Second".

This oscillation can symbolically be best represented by the Infinity Symbol, where we oscillate between these 2 states (which is our natural condition regardless of our awareness of this).





A 2-step approach to penetrate the Veil of Separation/Forgetting:

- To gain subjective experience of our ONEness with all by becoming firstly aware of our being in the Infinite state of oscillation (ie connected to Source), and then understand how to consciously choose to be in that state..
- 2. To raise our Vibration to establish higher rates of Oscillation to the "Source or Light" connected state, thereby elevate the level of Intelligent Energy that we can "experience". This relates to the Density of Love/Light that we can perceive, channel & co-creatively utilise (Use).

Awareness of this oscillating model of existence (renewing the Energy in the system and ourselves) an almost infinite number off cycles per relative "Second", leads to an upward trend, where elevation of the vibrational frequency leads to elevation of the Oscillation loop itself.



This Oscillation is mirrored in the Quantum state of all "matter" that is made of Atoms with vortex connections to Source (Quantum Field) this renewing their energetic structure continually as well as representing a channel for programming/encoding. Just as we have Vortexes (Chakras) that link us to all multi-dimensional aspects & supports this Oscillation based connection to Source.



So, how do we go about the first step in this process - Gain subjective experience of Source (Love/Light) through awareness of the oscillation into our ONEness state of connection with Love/Light (Source)?

Awareness of Love/Light & the Oscillation

We need to start this exercise from the state of understanding that we are always connected to Source (Love/Light) and indeed from our highest multi-dimensional self's point of view as Co-Creators (Sub-Sub-Logos), we have never lost our connection; however this side of the Veil we forget much (including our fundamental nature).

Why is Meditation important:

The key to any activity leveraging our multi-dimensional aspect, is awareness of and direction of our *Focus of Consciousness (Internal Focus)*.

Focus Steps:

- 1. Use meditation to quiet the mind (conscious self).
- 2. Concentrate on our *internal focus* via conscious breathing.
- 3. Explore our true nature & connection to All via our connection to Source visualise this as a Great Central Sun of intense platinum light.
- 4. If you have trouble establishing this visual in your inner eye, you can start by visiting your private Astral place, then taking a walk down a new trail/path until you find a pool of bright Platinum light. This can be a stepping-stone to your full Multi-dimensional journey to the Great Central Sun (a Multi-Dimensional meeting place with higher realms of being and a representation of the source of **Love/Light**).

As with any exercise "practice makes perfect", hence this reinforcing/renewing of intent, focus & exercising your visualisation skills will strengthen your connection to Love/Light (as well as reinforce your awareness of your multi-dimensional self).

We are always connected to Love/light - we just need to focus:

Once we understand that we are always connected to Love/Light (Source) - that our awareness of this has been veiled from us (along with our awareness as Multi-dimensional beings) in this 3D Incarnated state, we must continue to engage with & practice working with **Love/Light** - strengthening our connection to Source (and moving a step towards Intelligent Infinity).

The next aspect to be discussed in the Law of One Dialogues will be the Balancing of all aspects of the 3rd Density Mind/Body/Spirit complex - YOU.