



TWIN MOONS - INFORMATION SHEET

GAIA Energetic Grid Work

Grid work is a common umbrella term related to the establishment, maintenance, clearing/purification, alignment & strengthening of Energetic Grid lines in support of a health Gaia & to aid her ascension to 5D.

Preliminary Activities

As a prelude to execution of the Grid work itself, there are a few preliminary activities that need to be undertaken. One of these is to acquire a piece of Crystal (Quartz crystal is often selected due to its energetic properties - protection & magnification). This quartz needs to be cleansed & charged, (the following is a standard technique, however please use whatever process you are comfortable with).



It is important that you hold your crystal & set your intention to cleanse & charge your crystal for the Best & Greatest Good of All.

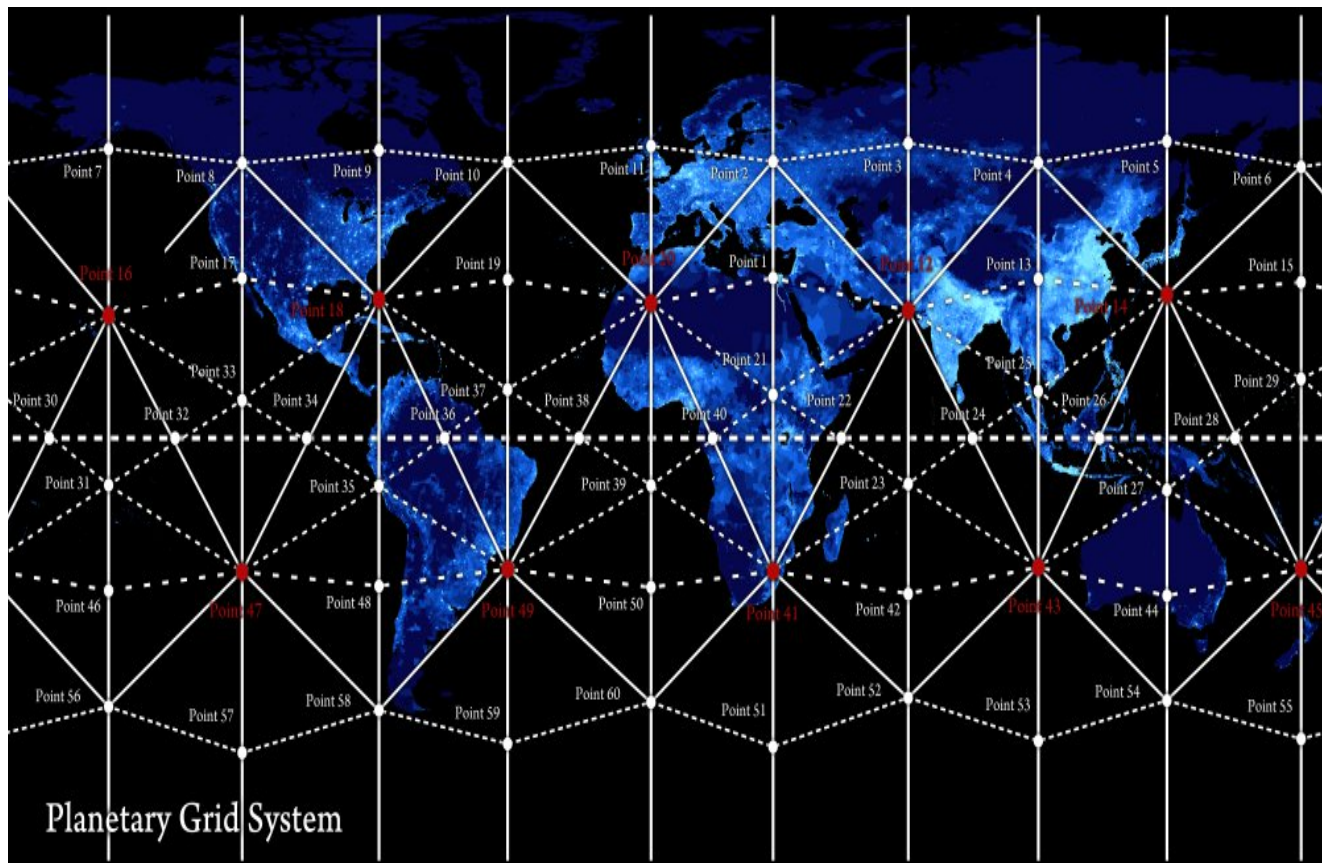
©Universal Copyright 2019 is authorized here. Please distribute freely as long as both the author [Sean \(Twin Moons\) Murray](#) and www.TwinMoons.Net are included as the resource and this information is distributed on a non-commercial no charge basis.



TWIN MOONS - INFORMATION SHEET

(Moon or Sun Cleansing & Charging)

1. Wash your crystal well in flowing water. A simple rinse under the tap (faucet) will often be enough.
2. Set your crystals out. The ideal time to put them out is just after sunset (for Moon cleansing/charging) or at Sunrise for Sun cleansing/charging).
3. Pull them in the next day (usually this is after 24 hours).
4. Charge your crystal with intention (once again hold it & set your intent for the Crystal to be in service to Gaia for energetic grid purposes – to allow free flow of 5D energies in Best/Greatest service to Gaia & all upon her).
5. Project your thanks & appreciation. Close the ritual.



©Universal Copyright 2019 is authorized here. Please distribute freely as long as both the author [Sean \(Twin Moons\) Murray](#) and www.TwinMoons.Net are included as the resource and this information is distributed on a non-commercial no charge basis.



TWIN MOONS - INFORMATION SHEET

Grid Establishment Activities

Head out to nature (I find national parks are great but anywhere untouched is best).

Walk the earth bare footed until you find a place energetically ready for anchoring (your intuition will give you a ping/message that "This is the Place").

Plant the crystal & stand on this spot.

The next process is broadly 3 step sequence:

Set your Intent via Higher self to establish a Source Anchor to Gaia's 5D grid.

1). Open yourself to Source as a vortex (use whatever modality works best for you). I connect via the Central Sun nexus & channel that pure stream of Source Light/Love down through your core as a beautiful white/gold column This can be a thin stream at this point.

2). Open yourself to Gaia. Visualise energy lines criss-crossing Gaia in a beautiful grid-work across the whole globe. From a key energy point near you (a natural energetic vortex) visualise a grid link extending to the Crystal planted at your feet. Visualise your thin stream of Source White/Gold light, travelling down through your energetic centre to, link in to your crystal. Energy now starts flowing from source to Gaia via that crystal. See this energy flowing via the crystal back to the Gaia vortex you had connected it to.

3). The last stage is to start increasing the size of this stream of Source, from a thread, to a rope to a pipe to a strong beautiful column. Now the river of source is much wider than yourself - you are in the stream but no longer solely transmitting/conducting it.



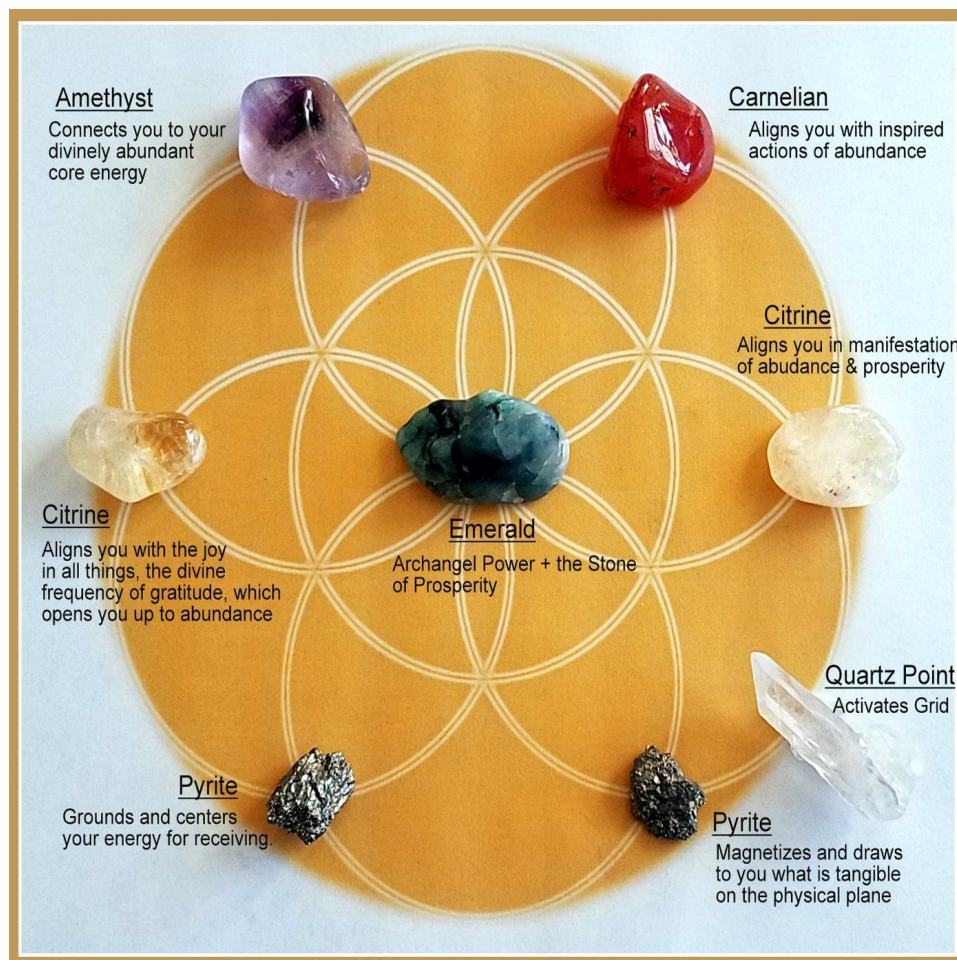
TWIN MOONS - INFORMATION SHEET

With Intent for this column to permanently anchor Gaia 5D to source, the final step is to gently step out of the stream, giving thanks to Source, Gaia & Higher self for their help.

Once complete, relax with Gaia, do some mindful breathing & know you have helped her to ascend (even in a very small way - it is still very important). You can always use this new point as a 5D grid connection point in future. Celebrate in Joy.

In Service

Sean.



©Universal Copyright 2019 is authorized here. Please distribute freely as long as both the author [Sean \(Twin Moons\) Murray](#) and www.TwinMoons.Net are included as the resource and this information is distributed on a non-commercial no charge basis.