



TWIN MOONS - INFORMATION SHEET

Crystal Cleaning & Energising

As a tool, aid & even somewhat exotic companion, crystals are excellent at supporting, reinforcing, strengthening or protecting you and your environment. The following is a typical process undertaken to cleanse, energise & program your crystal. In this example we will be using simple quartz crystal, however in broad this approach will be effective for all varieties of crystal.

NB: Please be careful if using salt or salty water to cleanse your crystal, as while some teachers advocate this as an excellent cleansing agent, some crystals are actually soluble in salty water or when exposed to salt. Clean fresh water (preferably encoded/blessed) is best for this reason.



Acquire a piece of Crystal (Quartz crystal is often selected due to its energetic properties - protection & magnification). This quartz needs to be cleansed & charged, (the following is a standard technique, however please use whatever process you are comfortable with).

It is important that you hold your crystal & set your intention to cleanse & charge your crystal for the Best & Greatest Good of All.

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(Moon or Sun Cleansing & Charging)

1. Wash your crystal well in flowing water. A simple rinse under the tap (faucet) will often be enough.
2. Set your crystals out. The ideal time to put them out is just after sunset (for Moon cleansing/charging) or at Sunrise for Sun cleansing/charging).
3. Pull them in the next day (usually this is after 24 hours).
4. Charge your crystal with intention - once again hold it & set your intent for the Crystal to be in service to Gaia in one of the following roles:
 - a. to allow free flow & magnification (abundance) of energies in Best/Greatest service to Gaia & all upon her.
 - b. to provide protection for all those in its vicinity, clearing the space around (visualise white light emanating from & surrounding the crystal).
5. Project your thanks & appreciation. Close the ritual.

In Service

Sean.



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